

## Surgery Center of Pinehurst Discharge Summary for Total Hip Replacement

### GENERAL & BARIATRIC SURGERY

RAYMOND G. WASHINGTON, M.D.  
FABIAN E. ALZAMORA, M.D.  
H. WILLY CHU, M.D.  
DAVID W. GRANTHAM, M.D.  
REID C. VEGELER, M.D.  
BAILEY SANDERS, M.D.

### EAR, NOSE & THROAT, HEAD & NECK

CARL W. BERK, M.D.  
JEFFERSON K. KILPATRICK, M.D.  
WYMAN T. MCGUIRT, M.D.  
WALDEMAR L. HEFKOHL, M.D.  
MATTHEW R. GRAFENBERG, M.D.  
JUSTIN D. MILLER, M.D.

### WOMEN'S COMPREHENSIVE HEALTH

STEPHEN A. SZABO, M.D.  
WILLIAM V. TERRY, M.D.  
LISSETTE MACHIN, M.D.  
SHAYNA S. JONES, M.D.  
TAYLOR MCCAULEY, M.D.  
RYAN B. NANCE, D.O.

### UROLOGIC SURGERY

ROBERT J. CHAMBERLAIN, M.D.  
GREG L. GRIEWE, M.D.  
MANLIO A. GOETZL, M.D.  
JOHN R. MICHALAK, M.D.

### VASCULAR AND VEIN CARE

CLINTON K. ATKINSON, M.D.  
PAUL A. VIETA, JR., M.D.  
GLENN FUSONIE, M.D.  
DAVID ADAMOLEKUN, D.O.

### OPHTHALMOLOGY

MILES W. WHITAKER, M.D.

### ORTHOPAEDIC SURGERY

MARK E. BRENNER, M.D.  
WARD S. OAKLEY, JR., M.D.  
NEIL A. CONTI, M.D.  
JOHN R. MOORE, IV, M.D.  
DAVID E. STROM, M.D.  
DAVID J. CASEY, M.D.  
KURT P. WOHLRAB, M.D.  
DANIEL M. WILLIAMS, M.D.  
CHRISTOPHER M. JOHNSON, M.D.  
JAMES T. MARINO, M.D.  
TONI A. WASHINGTON, M.D.  
DANIEL M. WILLIAMS, MD  
ALEXANDER C. LEMONS, M.D.  
LYNN M. FRASER, M.D.

### PLASTIC & FACIAL PLASTIC SURGERY

RUSSELL B. STOKES, M.D.  
JEFFERSON K. KILPATRICK, M.D.

### Call provider:

- Temperature greater than 101.5 F
- Redness, tenderness, or signs of infection (pain, swelling, redness, color, or green/yellow discharge around incision site)
- Severe Uncontrolled pain

**Dressing** – Leave clear dressing on until your post-operative appointment. May begin showering immediately, clear dressing is waterproof.

Do not submerge incision in water such as swimming or tub use.

Do not use ointments on incision, keep clean and dry.

You may use an ice pack to site, 20 minutes on and 20 minutes off.

### Posterior Hip Precautions (for 6 weeks post-op)

- No bending past 90 degrees
- No crossing your legs
- Weight-bearing as tolerated

You will be on Aspirin 81 MG twice a day (or another blood thinner as discussed at your pre-op appointment) after surgery for 6 weeks to prevent deep vein thrombosis (blood clot)

No driving for 6 weeks post-op and as long as you are taking pain medication.

Please keep your scheduled post op appointment or call the office to reschedule it.

### If you have any problems or questions after your surgery call

- **Dr. Wohlrab's Triage Line at 910-621-3791.**
- **After office hours at 910-715-1000 and ask for the Pinehurst Surgical Orthopedic Doctor on call.**
- **Our Afterhours Clinic is also available to walk in Monday-Friday 5PM-7PM, Saturday 9AM-11AM and Sunday 1PM-3PM.**