

**Surgery Center of Pinehurst  
Home Instructions following Cystoscopy/Ureteroscopy**

You might notice that your urine is bloody for the first few times that you urinate after your procedure. This is normal. It is also normal to pass a few clots. Your urine will return to its normal color quickly if you drink plenty of fluids.

**Activity:**

You may return to your normal activities as soon as you are able.

**Medications:**

Follow instructions carefully. Pain medications should be taken with food to diminish side effects such as nausea/vomiting. Pain medications may also dehydrate/constipate, so plenty of fluids. Do not drive a car or operate machinery as long as you are taking pain medication.

**Follow-up appointment:**

Please keep your scheduled appointment. If the scheduled appointment is inconvenient for you, please call my office so that we can set up a more suitable time for you to return.

**Call my office at 295-0880 if any of the following occur:**

Fever above 101

Pain unrelieved by the pain medication

Bloody urine that has the consistency of tomato juice

If you cannot urinate

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**Dr. Seseck**