Patient's Instructions

Postoperative Instructions for Excision of Facial Lesions with Tape

- 1. If you are having surgery at SCOP or MRH you are required to have a driver to and from surgery.
- 2. After your excision a piece of tape will be placed over the incision site. You will leave this tape on until you come back in for your follow up appointment in 7-10 days. The physician's office will remove this tape. You will need to keep this bandage dry until your follow up appointment.
- 3. It is not unusual to have some bleeding or oozing from your incision site after your procedure. You may place pressure on the incision site for 15 mins to see if any bleeding stops. If bleeding does not stop please call our office to speak to a staff member at 910-295-0216.
- 4. If bandage begins to look dirty looking or has any dried blood on it you may cover this with another piece of paper tape, but do not try to remove this bandage we placed.
- 5. You may have some slight redness and swelling at or around the area this is normal after a procedure. It will help to sleep with your head elevated for 24 hours after the procedure. Your swelling will peak around 48 hours after surgery.
- 6. If you have any excessive bleeding, fever of 101 or higher, redness, pain or yellow drainage after your procedure you will need to contact your doctor's office.
- 7. You will have a prescription for an antibiotic by mouth sent to your pharmacy after your procedure. You will need to take this until gone.
- 8. You may take Tylenol for pain. **DO NOT TAKE** ibuprofen, Aleve, or aspirin as these medications can thin the blood and cause you to have more bleeding or oozing from the incision site. **TYLENOL** only for pain.
- 9. If you have any issues please call our office at 910-295-0216 during normal business hours. If after hours you will need to call Moore Regional Hospital operator at 910-715-1000 and ask for the **plastic surgeon on call for Pinehurst Surgical Clinic**. If this is a medical emergency please call 911 or go to the nearest emergency room.
- 10. Our office hours are Monday-Thursday 8am 5pm and Friday 8am -4pm