

Spinal Cord Stimulator Instructions

Do not drive for 24 hours after the procedure. When you resume driving, the device should be turned off.

Please refrain from showering. You may take a sponge bath only.

Avoid any extraneous activity. No reaching above your head, bending over, or lifting anything heavier than 5 pounds.

Do not take blood thinners until the lead(s) have been removed.

You may resume your diet as tolerated

Be sure to get your antibiotic prescription filled. You should take this as directed and complete the full prescription.

Symptoms to report to your referring physician:

- Headache lasting more than 24 hours
- Increased pain, numbness, or weakness
- Incontinence of bowel or bladder fluids
- Redness, swelling, or drainage at the injection site
- Fever