

Peripheral Nerve Stimulator Instructions

You may shower. Please no tub baths. Be sure to remove the device and mounting pad before getting it wet. Keep the waterproof bandage intact over the insertion site.

Please do not drive on the day of the procedure. You may drive the following day, but the device must be turned off.

Limit strenuous activity for a minimum of 1 week. No extreme movements such as twisting, bending, climbing, etc. Avoid excessive tugging, pressure, or heat to the device area.

You may resume a normal diet.

Keep the dressing clean and dry. You may change the dressing after 1 week.

You will need to inform your physician that you have a stimulator prior to having MRIs, ablation treatments, or anything that may possibly cause damage to you or the device.

You should report any of the following symptoms by contacting your referring physician:

- Headache that lasts more than 24 hours
- Increasing pain, numbness, or weakness
- Incontinence (leaking) of bowel or bladder fluid
- Redness, swelling or drainage to insertion area
- Fever