

Surgery Center of Pinehurst
Dr. Goetzl's Post Op Instructions after Hydrocelectomy

Activity:

You may resume your normal activities as soon as you are able, with the exception of lifting. Please do not lift anything heavier than 20 pounds until you are seen at your follow-up appointment.

Medications:

Take pain medications as prescribed. Pain medications should be taken with food to minimize side effects such as nausea and vomiting. Pain medication may also dehydrate/constipate, so drink plenty of fluids.

Do not drive a car or operate machinery as long as you are taking pain medication.

Care of Dressing:

Keep dressing on if possible until seen in office.

Wear scrotal support at all times.

Drain will be in for 24 hours. You will be seen in the office in 24 hours for the drain to be removed.

You may shower once the drain is removed. Sutures are dissolvable.

Ice:

May apply ice pack as needed

Appointment:

Please keep your scheduled appointment. If your scheduled appointment is inconvenient for you, please call my office and we will reschedule you for a more convenient time.

Please call my office at 235-2911 if any of the following occur:

Fever above 101

The incision becomes red or swollen or there is drainage from it.

Pain not relieved by pain medication

You cannot urinate.

Dr. Goetzl