## **Surgery Center of Pinehurst**

Home Instructions for Bilateral Myringotomy and Insertion of Ventilation Tubes

## **Ear Drops:**

If your doctor has prescribed ear drops, use them as instructed. Warm the drops before you put them in your child's ears by holding the bottle under warm water like a baby bottle or rub the bottle between your hands.

## **Activity:**

Keep water out of your child's ears, especially when you wash his/her hair. You may use a cotton ball saturated with Vaseline on the end or Mack's ear plugs.

If you have questions or concerns, do not hesitate to contact our office. Office hours are Monday through Friday, 9a.m. until 4 p.m. If you have questions after 5 p.m. or on the weekend, call First Health Moore Regional Hospital at 910-715-1000 and ask for the ENT physician on call.

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Dr. Carl Berk: 910-295-0219 Dr. Wyman McGuirt: 910-295-0242

Dr. Jefferson Kilpatrick: 910-295-0216 Dr. Waldemar Riefkohl: 910-295-0240