

POST-OPERATIVE INSTRUCTIONS AFTER PTERYGIUM SURGERY

1. Remove patch when you get home and start medications.
2. Instill Prednisolone Acetate (milky drop with a white or pink top) into the surgery eye four times a day for two weeks and then taper as directed. Shake this drop. Wait 5 minutes between drops.
3. Instill Moxifloxacin (tan top) into the surgery eye four times a day for 1 week following surgery.
4. For discomfort, you may use either the pain medications prescribed by your doctor or any type of over-the-counter medication (Tylenol, Advil, aspirin, etc.) Do not take Percocet with Tylenol.
5. Report any decrease in vision and/or new floaters and severe eye pain immediately.
6. No heavy lifting, swimming, or high impact activities for 2 weeks.
7. Your vision should be blurry after surgery but some improvement over the next few days.

If you have any questions or concerns please call your Surgeon
PHONE NUMBER:

Pinehurst Surgical Clinic Office call during business hours:
Dr. Vlasov 910-215-2647
Dr. Coggin 910-725-7985
910-715-1000 After business hours

8. Your follow-up appointment is on: _____



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		Pred Forte (pink or white)				Moxifloxacin (tan)			
Right Eye	Left Eye	Breakfast	Lunch	Dinner	Bedtime	Breakfast	Lunch	Dinner	Bedtime
Week 1	Day 1	o	o	o	o	o	o	o	o
	Day 2	o	o	o	o	o	o	o	o
	Day 3	o	o	o	o	o	o	o	o
	Day 4	o	o	o	o	o	o	o	o
	Day 5	o	o	o	o	o	o	o	o
	Day 6	o	o	o	o	o	o	o	o
	Day 7	o	o	o	o	o	o	o	o
Week 2	Day 1	o	o	o	o				
	Day 2	o	o	o	o				
	Day 3	o	o	o	o				
	Day 4	o	o	o	o				
	Day 5	o	o	o	o				
	Day 6	o	o	o	o				
	Day 7	o	o	o	o				
Week 3-4	Day 1	o	o		o				
	Day 2	o	o		o				
	Day 3	o	o		o				
	Day 4	o	o		o				
	Day 5	o	o		o				
	Day 6	o	o		o				
	Day 7	o	o		o				
Week 5-6	Day 1	o			o				
	Day 2	o			o				
	Day 3	o			o				
	Day 4	o			o				
	Day 5	o			o				
	Day 6	o			o				
	Day 7	o			o				
Week 7-8	Day 1				o				
	Day 2				o				
	Day 3				o				
	Day 4				o				
	Day 5				o				
	Day 6				o				
	Day 7				o				

Additional Instructions

- Wash hands before using drops.
- Shake drops before using them.
- Do not rub your eye.
- Wait 5 minutes between drops.
- Wear shield at bedtime for 1 week.
- Bring all instructions and medications with you to office visits.
- Call if you experience increased redness, pain or decreased vision.

