

Surgery Center of Pinehurst
Home Instructions following Cystoscopy/Ureteroscopy

You might notice that your urine is bloody for the first few times that you urinate after your procedure. This is normal. It is also normal to pass a few clots. Your urine will return to its normal color quickly if you drink plenty of fluids.

Activity:

You may return to your normal activities as soon as you are able.

Medications:

Follow instructions carefully. Pain medications should be taken with food to diminish side effects such as nausea/vomiting. Pain medications may also dehydrate/constipate, so drink plenty of fluids. Do not drive a car or operate machinery as long as you are taking pain medication.

Follow-up appointment:

Please keep your scheduled appointment. If the scheduled appointment is inconvenient for you, please call my office so that we can set up a more suitable time for you to return.

Call my office at 235-9791 if any of the following occur:

Fever above 101

Pain unrelieved by the pain medication

Bloody urine that has the consistency of tomato juice

If you cannot urinate

Dr. Chamberlain