

Discharge Summary for Total or Partial Knee

Diet Instructions: Regular

Call provider:

- Temperature greater than 101.5 F
- Redness, tenderness, or signs of infection (pain, swelling, redness, color, or green/yellow discharge around incision site)
- Severe Uncontrolled pain

Dressing –Remove ace wrap and gauze in 24 hours. Leave cheesecloth/fishnet dressing intact until post op visit. May begin showering after 24 hours, no need to cover while showering. No need to reapply dressing after showering unless drainage present.

Do not submerge incision in water such as swimming or tub use.

Do not use ointments on incision, keep clean and dry.

You may use an ice pack to site.

Total Knee – must utilize a walker or cane at all times until post op visit.

Partial Knee – must utilize crutch, cane or walker at all times until post-operative appointment.

You will be on Aspirin 81 MG twice a day for a six week period to prevent deep vein thrombosis (blood clot) for prophylaxis or another blood thinner as discussed at your preoperative appointment.

Post-operative appointment attached with discharge instructions

Contact information:

Dr. Wohlrab's office (910)295-0265

After hours – after 5pm M-F and weekends (910)715-1000 – ask for Pinehurst Surgical Physician on call.